

# ANNUAL IMPACT REPORT 2023



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**FINDING DIRECTION  
CREATING CONNECTION**



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## A WORD FROM OUR CO-EXECUTIVE DIRECTORS

In early 2023, The superintendent of Poudre R1 School District sent an email stating, “We are at a critical tipping point as a community. Students in grades 6-12 have told us they are experiencing hopelessness, anxiety, depression, and suicidal ideation at rates never seen before, particularly for students of color, girls, and those who identify as LGBTQ+. They are asking - in no uncertain terms - for our help.”

This sentiment came about after school surveys showed alarming increases in symptoms in Colorado youth, including Larimer County youth. Although 2023 allowed for us to grow and serve over 700 individuals, we still want (and need) to do more. As a youth and family serving agency, The Jacob Center has stayed busy in building capacity and finding ways to not only support youth and families who are system involved, but also support non-system involved youth. In 2023, we found ways to branch out in different areas of the community, and to directly support more youth and families in times of dire need.

Our 2024 theme is “2024: Year to Restore,” and we are continuing to look at the common factors of youth who are experiencing heightened depression and anxiety, and to focus on better understanding these factors. We are focusing our efforts on how to help youth with mental health support, trauma treatment, life-skills development and ways to form and hold healthy connections. We thank you for joining us on our journey and helping us find ways not only to restore our community, but to also allow all youth and families to flourish.

*Stephanie, Erin, and Emily*

CO-EXECUTIVE DIRECTORS

### MISSION

Working with youth, families, and the community to foster resilience, promote felt safety, and inspire positive and lasting change.

### VISION

We seek to heal, support, and connect our communities, and to live in a Colorado where every child has a safe home, and every community member has a chance to create a future abundant with opportunities.



## 2023 COMMUNITY IMPACT OVERVIEW

**700+** youth and caregivers served in 2023.

Over **13,500** direct hours spent supporting youth and families in the community and in their homes.

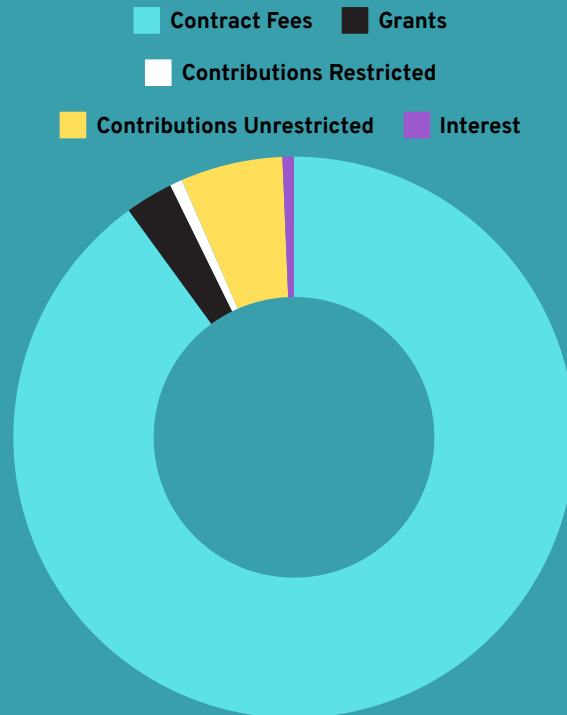
Increased prevention services by at least **15%** from 2022.

Spread Holiday cheer to **117** children and youth in our Holiday Gift Drive.

Advocated for youth voices in more than **1,000** meetings.

# FINANCIAL OVERVIEW

**TOTAL INCOME:**  
**\$937,841.72**



**TOTAL EXPENSE:**  
**\$912,116.18**

- Program Services
- Fundraising
- Administration and Management

**NET ORDINARY INCOME: \$25,675.54**

# GRANTS AND SPONSORSHIPS

## Ent YES Grant

The Jacob Center received the Ent YES Grant to help with creating individualized sensory regulation Toolkits for youth clients (ages 0-19) who have unique sensory needs. Toolkits (like the one shown to the right) were given to local youth and families. This grant also allowed Trust Based Relational Intervention® (TBRI®) trained staff hours for assessment of sensory needs, individualized consultation and parent interaction training in order to engage youth clients in understanding regulation and/or calming strategies.



## Bohemian Fund

The Jacob Center received a general funding support grant from The Bohemian Foundation. This additional funding allowed us to be flexible in giving extra support to local youth who have been struggling with mental health concerns.



## Tony Grampsas Youth Services (TGYS):

In state FY2024 (starting July 2023), The Jacob Center started receiving the first of our three year grant funding through TGYS. This funding will go specifically toward supporting our Community Coaching Program. The Community Coaching Program (CCP) is a mentoring program that aims to provide short-term, goal-focused support services to youth who are at-risk of out-of-home care due to abuse and/or neglect. The CCP teaches body and mind regulation skills, independent living skills, self-sufficiency, mastery, and relatedness to youth and families. Using trauma-focused and Trust Based Relational Intervention® (TBRI®) informed services, staff members meet weekly in the community or the home of at-risk youth and create individual resiliency plans.

## 2023 Event Sponsors:



The Colorado  
Health Foundation™



# EVENT HIGHLIGHTS

## ROOTED IN RESILIENCE

- Our annual Rooted in Resilience Fundraiser took place at Odell Brewing Co. on 7/18/2023.
- All proceeds from this fundraiser went towards local youth programming and support.



## FALL HARVEST PARTY



- The Ten Bears Winery Fall Harvest Party took place on 10/7/2023, and a portion of the proceeds went to The Jacob Center.
- The Jacob Center participated in creating a raffle, bake sale, and kid zone.
- Food was provided by Hokahey Kitchens.



# NEW PARTNERSHIPS

## FOODBANK FOR LARIMER COUNTY

At the beginning of 2023, we partnered with the Foodbank for Larimer County, so we could start and maintain a food pantry on-site. We have been able to give youth and families access to free food and meals throughout the year. Youth in our coaching program are offered snacks anytime, and families in other programs have been able to request and cook meals together at our office and at home.



## NORTHERN COLORADO ARTIST COMMUNITY (NOCOAC)

The purpose of NOCOAC is to enhance lives in the Northern Colorado Community through all forms of art. NOCOAC has partnered with us and in February of 2024 will start offering 3 classes per month for youth involved in Jacob Center programming.

*Sanderosa* ART GALLERY

At the end of 2023, The Jacob Center said a bittersweet goodbye to two of our board members -- Dr. Kady Barthelemy (who received her Phd. in Counseling Psychology this year!) and Ashley Puga. Thank you both for your time and commitment to The Jacob Center! Stay tuned to our social media for our 2024 board announcements...



# **BOARD OF DIRECTORS 2023**

**President: Doreen Canova**  
**Vice President: Kady Barthelemy**  
**Secretary and Treasurer: Ashley Puga**  
**Community Liaison: Suriya Vijayasathy**  
**Fundraising Liaison: Melinda Phipps**



# OTHER HIGHLIGHTS



Eleven of our team members were trained in providing Auricular Acupressure (ear seeding), which can be used to help alleviate anxiety, trauma symptoms, and addiction in youth and adults.

We started a partnership with BeFree Healing Center, so our clients and staff may use their amazing yoga, meditation, and other services.



One of our leaders, Alyssa Esposito, became a certified TBRI® Practitioner! We now have 2 official practitioners at The Jacob Center.

On 5/19/2023, volunteers from Ent Credit Union joined with Jacob Center staff for a Spring Beautification Project. Using plants we received at a discounted rate from Fort Collins Nursery, and flowers generously donated by Lindsey Miller of The Hidden Stem, the team spent several hours cleaning, prepping, and planting.



# WHERE DO WE GO NEXT?

## STRATEGIC GOALS OF 2024:

1. ATTRACT, DEVELOP, MAINTAIN, AND RETAIN A DIVERSE, COMPETENT, AND CONFIDENT WORKFORCE.
2. EXPAND CAPACITY FOR PROGRAMMING (INCLUDING PREVENTATIVE PROGRAMMING) AND SECURE INCREASED FUNDING TO BETTER MEET COMMUNITY NEEDS.
3. IMPROVE SERVICE DELIVERY AND INCREASE VISIBILITY TO PROGRAMMING THROUGH EXPANDED COMMUNITY ENGAGEMENT AND RESOURCE ACQUISITION.

## THE JACOB CENTER WILL OFFER THESE SERVICES BY THE END OF 2024:

### FOSTER CARE AND ADOPTIONS SUPPORT (THRIVE SUPPORT SERVICES)

to offer trauma-responsive and TBRI® trained coaching staff to support foster, adoptive, and kin families in order to create safety and stability within the home. Staff do this by supporting daily activities, teaching social/emotional and regulation skills, and providing transportation and other needs.

### MENTAL HEALTH / THERAPY SERVICES

to provide therapeutic services to local children and youth, including assessment, individual therapy sessions, and a personalized treatment plan for each youth.

### CAREGIVER EDUCATION

to assist parents with children ages 0-5 to address the six protective factors that can impact safety. We will use Trust Based Relational Intervention® (TBRI®) as the model, which will address each protective factor

### YOUTH AFTER CARE

to assist youth transitioning out of the residential treatment or foster care systems. This service is intended to be a rather short (2-4 months) and intensive service aimed at working prior to, during, and after youth transition back into their permanent home setting.

# THANK YOU!!!

*This is a list of some of the local businesses who we are thankful for, as they continue to support us each year in some way (whether that's hosting and/or sponsoring an event, partnering with us to provide activities for our youth, donating to our silent auctions, and/or volunteering their time):* Fly High Trampoline, The Fort Collins Children's Museum, Ascent Climbing Studio, Ent Credit Union, Walrus Ice Cream, Be Free Yoga, Ten Bear's Winery, Odell Brewing Company, Title Boxing, Rally5, Mas Fuego, Simmer, Gulley Greenhouse and Garden Center, Bindle Coffee, The Human Bean, Ding Tea, The Stanley Hotel, Steakout Saloon, Mugs, Colorado Room, FoCo Cafe, Vatos Tacos, Blue Agave, Avogadro's Number, Nuance Chocolate, Hot Corner Concepts, Bean Cycle Roasters, Nothing Bundt Cakes, Cafe Bluebird, DGT, Swing Station, Clothes Pony/Dandelion Toys, Old Firehouse Books, The Cupboard, The Welsh Rabbit, LaPorte Hardware and Variety, Fort Collins Nursery, Akinz, Walnut Creek, Thingamajigits, The Perennial Gardener, Blue Harvest, Curiosities, Rachel Dawn Designs, Splash, Candlelight Dinner Playhouse, Bloom Floral Boutique, Urban Air Adventure Park, The Dinner Detective, The Comedy Fort, Morning Fresh Dairy, Yoga Pod, Southridge Golf Course, Sanderosa Art Gallery, Cafe Mexicali, Kamikaze Pickleball, Aggie Theatre, Lyric Cinema Cafe, Myer's Ranch Lodge, The Art of Cody Kuehl, etc...



*The Jacob Center is a proud partner agency of Realities for Children Inc., receiving emergency funding support, activity opportunities, community outreach and awareness so we can better serve those in need.*